Adventure Camp Packing List

Please bring the following:

- Sleeping bag
- Sleeping pad
- pillow
- 1 pair of sturdy shoes with good tread
- 1 pair of water shoes or old sneakers for white water rafting (NO FLIP FLOPS OR BARE FEET ALLOWED)
- 4 pairs of socks
- 3 pairs of underwear
- 2 pairs of long pants for campfires
- 2 pairs of shorts
- 2 long sleeve shirts for campfires
- 2 short sleeve shirts
- 1 heavy jacket with zipper and hood
- 1 heavy sweater
- Swimsuit and beach towel for playing at the beach
- 1 warm beanie hat (wool or fleece)
- 1 hat with brim (for sun)
- 1 backpack for hiking
- Toiletries (ONLY the basics: toothbrush, small tube of toothpaste, feminine products-ladies, shampoo, conditioner, hand soap, deodorant, chap stick, bug repellent and a small pack of baby wipes) *there are coin operated showers if your child wants to take a shower*
- Sunscreen clearly labeled with name
- Water bottle clearly labeled with name
- Flashlight or headlamp
- Personal medications (in a Ziploc bag with instructions)

Optional Items:
Binoculars, Sunglasses (with retaining device such as chums), Camping Chair, Mug for hot chocolate and Camera (waterproof)

Information about Tents:
Adventure Camp does NOT have enough tents for all of our campers. If you feel comfortable allowing us to use your tent for our overnight trip, please contact us as soon as possible. Thank you in advance for your generosity!!!