The Upper School daily schedule provides many opportunities and benefits including a slower daily pace and longer classes for more in-depth, project based learning. The schedule emphasizes more time for collaboration, longer class periods, and better alignment between divisions.

- **70-Minute Classes** – Students will have homework for no more than four classes each day.
- **Seven Class Periods** – Allow Performing Arts programs to be part of the daily schedule, meeting three days a week.
- **Advisory** – Emphasizes student wellness. All students are paired with an advisor with whom we hope will form a positive mentoring relationship.
- **C & C (Conference and Collaboration)** – Provides all students access to teachers for help during the school week and additional time for students on sports teams to get help and take make-up exams.
- **Lunch** – Hour lunch provides students needed down time and time for club meetings.
- **PE** – Twice a week allowing students to participate in Electives.
- **Electives** – Period for journalism, entrepreneurship, yearbook, etc.
- **Performing Arts** – E Period, allowing artists to take PE and Electives.